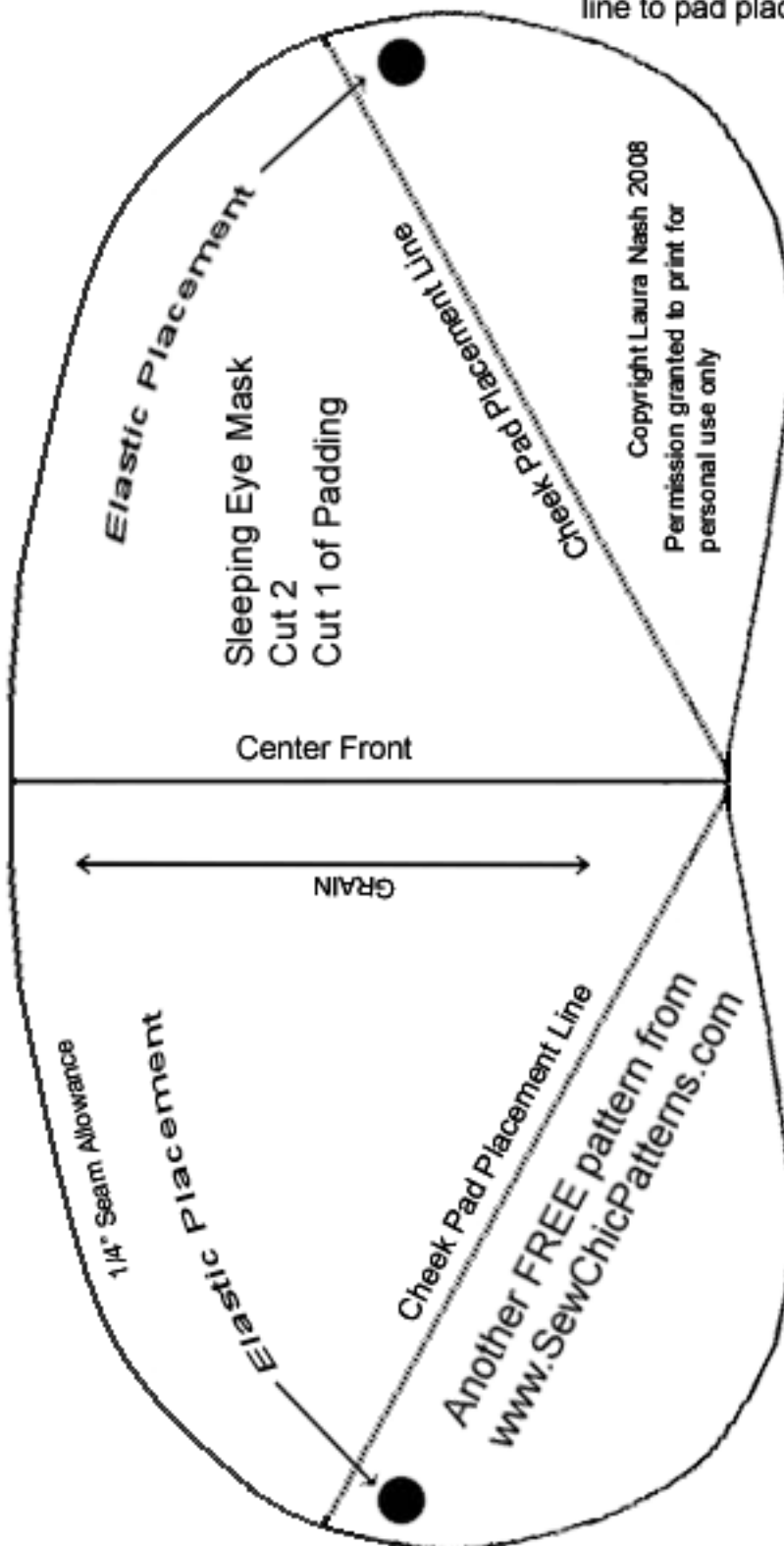


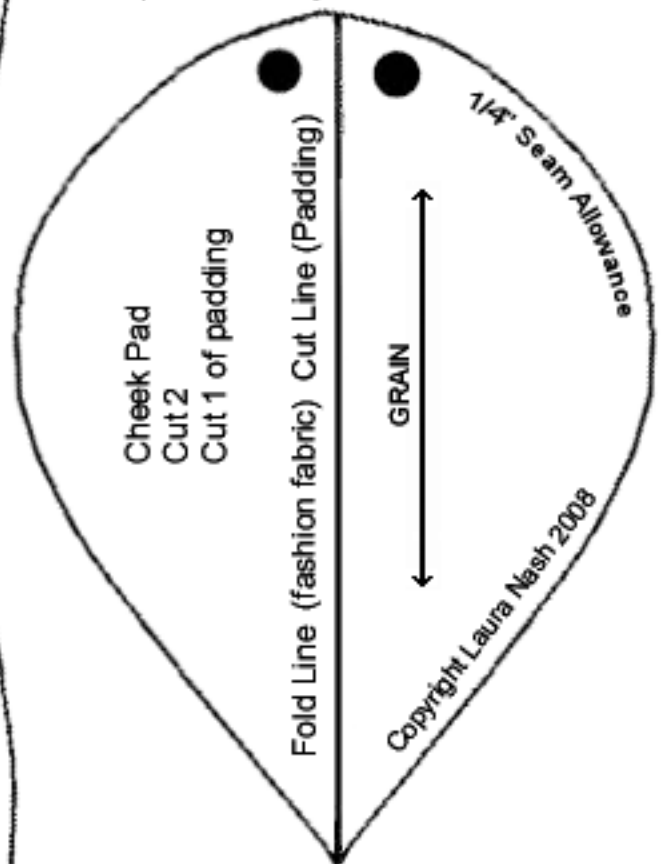
Sleeping Eye Mask Assembly Instructions

1. Cut out fabric and padding as instructed on the pattern, matching the grain arrow with the selvage.
2. Mask: Layer mask with right sides showing, both front and back, with padding in the middle. Match center front top and bottom and symbols. Pin layers in place. Baste 1/4" from raw edge all the way around.
3. Cheek pad: Fold Cheek pad along fold line with right sides out, press. Cut the padding in half along fold line. Place pad inside cheek pads matching cut line with the fold line and symbols. Pin. Baste 1/4" from raw edge.
4. Place cheek pad into eye mask matching symbols and fold line to pad placement line. Pin. Baste along previous baste line.



5. Pin both lengths of elastic to eye mask at symbols, with the edge of elastic matching the edge of the fabric. Tack in place with small stitches.

6. Pin bias tape around sleeping mask, encasing all layers and elastic, starting and ending at or near pad placement line. Top stitch close to folded edge, catching both front and back of bias tape and all layers between.



Materials:

- 1/8 yard (or large scraps) of black fabric
- scraps of thin padding material such as cotton or polyester batting
- 26" 1/4" wide black elastic, cut in half
- 5/8 yard extra wide double fold bias tape, black Thread