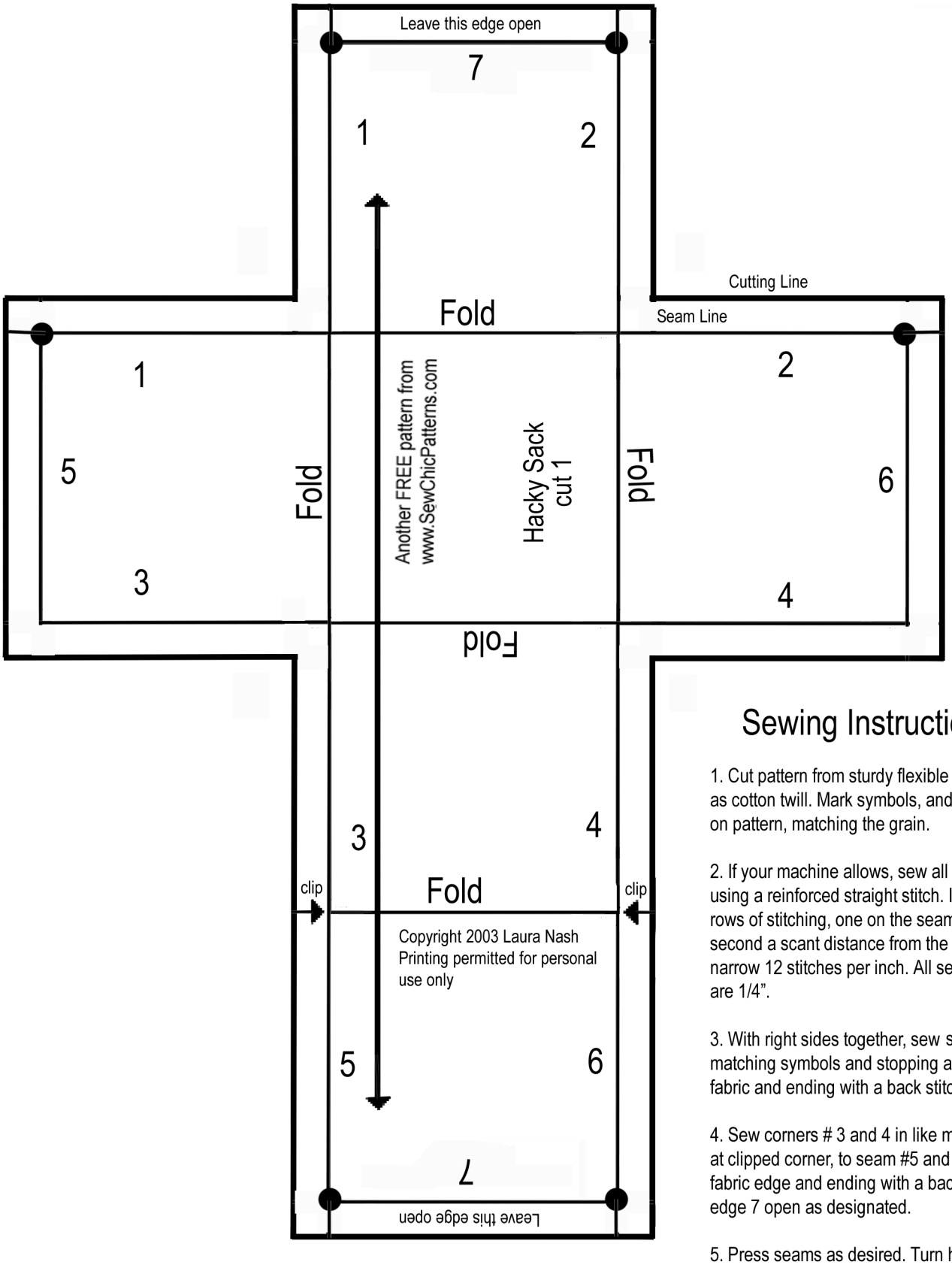

Sewing Instructions

1. Cut pattern from sturdy flexible fabric such as cotton twill. Mark symbols, and clip as directed on pattern, matching the grain.

2. If your machine allows, sew all seams using a reinforced straight stitch. If not, sew two rows of stitching, one on the seamline and the second a scant distance from the first using a narrow 12 stitches per inch. All seam allowances are 1/4".

3. With right sides together, sew seams #1 and 2, matching symbols and stopping at edge of fabric and ending with a back stitch.

4. Sew corners # 3 and 4 in like manner, pivoting at clipped corner, to seam #5 and 6, stopping at fabric edge and ending with a back stitch. Leave edge 7 open as designated.

5. Press seams as desired. Turn hacky sack right side out through opening.

6. Pour filling in through opening . Use rice, small beans/dried peas or pellets, about 1/2 to 2/3rds full, as desired. We used 1/3 cup of rice in our hacky sack.

7. Close the sack by folding the seam inwards, matching seam allowances, and whip stitch opening closed using small stitches.
Alternatively, sew with a machine stitch on outside if desired.